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KEY	1	Birth	to 3:	Early	Care
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- 2| Preschool: Early Learning
- 4 Parent, Family and Community Engagement
- 5 | Program Management/Governance
- 3 Child Health and Development
- 6 | Federal Office of Head Start

	SESSION TITLE AND DESCRIPTION	1	2	3	4	5	6
	ADDED 1.19.23 – ROUND #3 DHHS/ACF/Office of Head Start/National Center on Parent, Family, and Community Engagement	•	•	•	•	•	•
1.	Working Together: Using an Equity Lens to Build Partnerships with Families, Focus on Relationship-Based Practices, Emphasize Strengths-Based Attitudes Head Start/Early Head Start staff are uniquely positioned to partner with families to navigate the obstacles of poverty while prioritizing equity. Through trusting and positive relationships, families can gain increased access to resources, enhance their well-being, and support their journeys toward economic mobility. During our time together, we will come to a shared understanding of equity, identify systemic barriers, and reflect upon some of our presumptions, assumptions and implicit biases that may filter into our work when building relationships with families. We will build on the application of strengths-based skills, the relationship-based competencies, and other parent, family, and community engagement resources to enhance daily interactions and strengthen partnerships between Head Start staff and families.						
2.	ADDED 1.19.23 – ROUND #3 DHHS/ACF/Office of Head Start/National Center on Health, Behavioral Health, and Safety The Power of Reflection to Support Adult Regulation and Wellness	•	•	•	•	•	•
	Embracing reflective practices can be instrumental to maintaining regulation during challenging moments. The more skilled we become in finding our calm, the more effective our wellness practices will become. Join this interactive session to explore reflective techniques and notice the impacts reflection has on you, your relationships, and your work.						
	ADDED 1.19.23 – ROUND #3 DHHS/ACF/Office of Head Start/National Center on Health, Behavioral Health, and Safety	•	•	•	•	•	•
3.	Play for the Win: Building Regulation and Trauma Attuned Skills How do you help programs build the capacity of their education staff to think about their own regulation skills and teach children to do the same? In this session, we will: (1) learn ideas and ways to share the importance of starting with adult emotional regulation; (2) offer strategies to teach and practice co-regulation and self-regulation across the day for all children; and (3) how play can be an important vehicle to support the healing for children who have experienced trauma. Play, rhythm, movement, and music offer unique opportunities to support children in gaining self-regulation skills and strengthening social and emotional learning.						

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4.	Equity Considerations that Better Support All Educators and Children Given the effects of systemic racism and inequities, it's critical to center equity in all education and quality improvement efforts. Here, we'll share equity considerations for reducing bias and creating more culturally responsive, inclusive tools and we'll discuss how the considerations are exemplified in the CLASS [®] 2nd Edition Pre-K-3 rd revisions.	•	•	•	•	•	
5.	Father and Male Role Model Inclusion: Strengthening Program Outcomes by IncorporatingFatherhood Initiatives into Daily PracticeThis presentation features research outcomes highlighting the positive influences of fathersand male role models in Early Childhood Education. Participants will learn research-basedmale engagement initiatives. Presentation materials will share sustainable organizationalsystems that promote male involvement and healthy relationships between children andtheir community's male role models.	•	•	•	•	•	
6.	You Cannot Manage What You Cannot Measure: Developing Proven Evaluation Systems to Sustain Diversity, Equity, Inclusion, and Belonging Practices This session outlines measurement systems that evaluate the effectiveness of inclusion plans promoting continuous quality improvement. Real-life examples of inequality and bias highlight a diversity, equity, inclusion, and belonging (DEI&B) framework for useable work plans. Work plans drive evaluation systems that measure outcomes, determining organizational successes and risks that help programs establish data-driven DEI&B practices.	•	•	•	•	•	
7.		•	•	•	•	•	
8.	Fighting the Spread of Viruses: The Importance of Indoor Air Quality The importance of quality indoor air in a classroom setting, as well as airborne viruses and their transmission from sharing air within smaller spaces with higher numbers of individuals. There are solutions and we can help you ask the right questions and navigate the indoor air quality industry.	•	•	•	•	•	

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	SESSION TITLE AND DESCRIPTION	1	2	3	4	5	6
9.	ADDED 1.17.23 – ROUND #2 ChildPlus Software User Group: Determine How Observations in the Home and Classroom Align to the Head Start Early Learning Outcomes Framework Explore the strength-based child assessment tool and determine how observations in the center and home effect growth on the Head Start Early Learning Outcomes Framework based continuum. Review various reports to determine if school readiness goals are being met. ChildPlus has partnered with West Ed to add this strength-based child assessment to our software.	•	•	•	•	•	
10	ADDED 1.17.23 – ROUND #2 Fatherhood 101: Through the Eyes of Fathers Research shows that children with involved loving fathers do well in school, have healthy self-esteem, as well as exhibit empathy and pro-social behavior when compared to children who have uninvolved fathers. Join us to learn how involved fathering has a strong positive impact on a child's overall development and well-being. Creating a father-friendly environment that reflects and promotes the individuality, well-being, as well as an understanding of fathers, families and their children will convey a message that fathers are important. It is also important to nurture critical community partnerships that support the interests and needs of fathers while integrating their connections to outside resources and father engagement activities.	•	•	•	•	•	
11.	ADDED 1.19.23 – ROUND #3 Maintaining Safe and Review Ready Learning Environments One of the primary objectives of Head Start programs is to maintain and ensure the safety of children, families, and staff. From the safety of equipment to the COVID-19 pandemic and meeting requirements for compliance, these are challenging tasks that programs face every day. This session will show you how to remain Focus Area 2 review compliant using tools and strategies that support successful outcomes.	•	•	•	•	•	
12.	ADDED 1.19.23 – ROUND #3 Closing the Literacy Gap with Augmented Reality Join us as we explore how augmented reality can be leveraged to close literacy and learning gaps resulting from the disruption to instruction experienced over the last year while simultaneously increasing student engagement. We'll explore how the Alive Studios solution can be used to systematically improve the reading and writing development and skills of students in Pre-K.	•	•	•	•	•	

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- 4| Parent, Family and Community Engagement
- 5 | Program Management/Governance
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 ADDED 1.19.23 – ROUND #3 13. Crisis Does Not Build Character, It Reveals It This session will describe pre-COVID leadership and practices in Head Start and Early Head Start. The reality of life post-COVID-19 has not fully sunk in yet, and its consequences for our Head Start programs, organizations, economy, and society will play out over the rest of 2023 and beyond. This session is designed to support leadership development in the area of rapid evaluation of ongoing environmental changes and response based on simple principles. 	•	•	•	•	•	
ADDED 1.19.23 – ROUND #3 14. What Can Data from Three Dozen Head Start Programs Tell Us About Head Start/Early Head Start Children and Families? What factors most influence school readiness and child development? What do families need and what do they want from Head Start? How do those needs impact children? With extensive data from dozens of programs, we will explore real world answers. Most importantly, we will review what to look for in your agency.	•	•	•	•	•	
 ADDED 1.19.23 – ROUND #3 15. Fatherhood: Engagement vs. Involvement This workshop will focus on creating a strategic plan for the Fatherhood Initiative in Head Start Programs. Participants leave with the ability to distinguish between engagement and involvement and effectively evaluate surface activities planned for fathers and significant, engaged males. 	•	•	•	•	•	
ADDED 1.19.23 – ROUND #3 16. Dynamic Duo: Co-Parenting 101 This workshop will provide directors, staff, and parents strategies for working with families that are engaged in co-parenting situations. From role-modeling to boundary-setting to positive communication, presenters will provide strategies that can help families effectively navigate challenging situations to support positive development and academic outcomes for children.	•	•	•	•	•	
17. Sleep Health and Wellness Programs for Parents and Preschoolers Sleep and routines are needed to build physical and emotional resilience. Learn how Pajama Program addresses this need with its research-supported, innovative sleep health programming. Brainstorm challenges and explore practical strategies for reaching educators, preschoolers, and parents with the critical message of sleep and an actionable bedtime routine, including tools to bring the message home. We want to help you bring "Good Nights for Good Days".	•	•	•	•		

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18.	How Physical Activity Improves the Cognition of Children A brief overview of the benefits of incorporating physical activity into the classroom or center, including increased achievement and engagement, decreased behavior problems, and healthier children. This will include engaging the audience members and movement- based learning.	•	•	•	•		
19.	Encouraging Picky Eaters: One Bite at a Time Picky eating can be stressful for providers, children, and families. In this session, we will discuss strategies for preventing and managing picky eating in the classroom. Participants will receive a free cookbook and learn about free resources for their programs.	•	•	•	•		
20.	ADDED 1.19.23 – ROUND #3 The Unparalleled Power of Songs and Singing in Promoting Social–Emotional Development and Literacy Learning Supporting children's social–emotional development" has become an increasingly important feature in early learning classrooms. When teachers and families of young children share an understanding of a few important principles of how children develop and learn, they can easily incorporate experiences at school and at home that nurture their ability to understand and manage their emotions, establish and sustain positive relationships, and participate cooperatively and constructively in group situations with activities that are both deeply meaningful and intensely enjoyable. In this session, participants will learn to promote both social-emotional development and emergent literacy skills through intentional planning and research-based decision-making that will super-charge everyday sing-alongs.	•	•	•	•		
21.	ADDED 1.19.23 – ROUND #3 Books and Storytelling: Key Ingredients for Language Development, Bonding, and Cultural Identity No one disputes the learning opportunities available when sharing high-quality children's literature with young learners. But what about the ancient art of oral tradition? In this engaging, interactive session, presenters will offer teachers and families ideas for creating rich and enjoyable experiences with both published books and with diverse, authentic stories, rhymes, and songs. Come discover how these experiences not only build language and literacy skills but can also deepen social-emotional bonds, strengthen cultural identity, and celebrate imagination, ingenuity, complex thinking, and artistic expression.	•	•	•	•		
22.	ADDED 1.19.23 – ROUND #3 Engaging Families in a Play-Based Curriculum: Add Joy to Family Time and Help the Children Learn More Research shows the greatest factor in a child's success is engagement with a caring adult. In this session, participants will learn some specific strategies and expected learning outcomes to help families use while engaging with their children. This will help improve social/emotional development, learning outcomes, and generally enjoy being together.	•	•	•	•		

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4| Parent, Family and Community Engagement

5 | Program Management/Governance

KEY 1| Birth to 3: Early Care

2 | Preschool: Early Learning

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A	ADDED 1.19.23 – ROUND #3		•	•	•	•		
23. U	Jsing the Language of Safety to Strengthen Self-Regulation Skills							
U	Inregulated children need regulated adult. Come learn how a child's behavior is key to	o l						
u	inderstanding the message behind the behavior, how to tame your own triggers throu	gh						
a	ctive calming, the impact of connecting with children, and how using assertiveness an	d						
n	noticing can create an equitable environment of safety that strengthens self-regulation							
A	ADDED 1.19.23 – ROUND #3		•	•				
D	OHHS/ACF/Office of Head Start/National Center on Parent, Family, and Community		-	-	-	-		
	ingagement							
	ocal Access to Quality Health Care: A Partner You Should Know							
	What do you know about the health centers (commonly referred to as FQHCs) near you	.r						
	lealth centers are community-based, patient-directed organizations that deliver							
	comprehensive, culturally competent, high-quality primary health care services to the r	nost						
	ulnerable individuals and families in your community. Health centers integrate access							
	harmacy, mental health, substance use disorder, and oral health services in areas whe							
	conomic, geographic, or cultural barriers limit access to affordable health care. Acces							
	health service is critical at all stages of life; access to high quality health care yields bet							
	outcomes for our children. Come learn more about a partner you should know!							
	What Came First? The Letter or Sound: A Fresh Approach to Literacy		•	•		•		
	lave you ever considered why children are taught letter names before letter sounds?		•	•		•		
	Research supports letter-sound knowledge as a precursor to literacy. Come learn how	to						
	woid unteaching letter names when transitioning to literacy. Children speak in sounds							
	et's teach them literacy the same way.	/						
A	ADDED 1.17.23 – ROUND #2		•	•		•		
26. G	Good Beginnings Never End with Books							
L	et's get back to teaching and children learning with "real" books! This session will incl	ude						
h	ands-on strategies, techniques, and recommendations for parents, teachers, and							
a	dministrators to implement good beginnings that never end with books. Learn to help	o l						
c	hildren positively experience books before or as much as digital options such as tablet	s and						
n	nobile phones.							
27. B	Beyond the Book! Story Stretchers		•	•		•		
Т	his presentation focuses on ways to make stories and books magically powerful throu	gh						
e	extension activities and read-aloud tips and tricks! We'll provide practical insights into	how						
to	o teach and otherwise expand children's early language development, and overall							
e	enthusiasm for books, stories, and informational text.							

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28.	Ordinary Magic Ordinary Magic provides educators strategies on integrating mindfulness practices to build resilience. The strategies will introduce mindfulness practice in the classroom, teach to pause and use senses to focus, how to select the best time of day to incorporate mindfulness practices, as well as how to share practices with parents.	•	•		•		
29.	ADDED 1.19.23 – ROUND #3 DHHS/ACF/Office of Head Start/National Center on Parent, Family, and Community Engagement Growing from Within: Exploring Resilience and Reflection with Family Service Professionals Research shows the way we work has fundamentally and forever changed. As we navigate staff shortages, how do we promote belonging, a culture of well-being, and build collective resilience by providing support to family service professionals? Join us to draw on the science of resilience and research-based strategies to help build protective factors that buffer stress. Join us to discuss opportunities and strategies for retention of current family services staff through staff wellness, professional development, and career pathways planning.				•	•	•
30.	ADDED 1.19.23 – ROUND #3 DHHS/ACF/Office of Head Start/National Center on Parent, Family, and Community Engagement Winter, Spring, Summer, Fall, We Have a Strategy for All: The Seasons Planning Tool Family services professionals build and balance relationships, program systems, and services every day to support family outcomes. Planning can assist Head Start staff in achieving this balance. Join the National Center on Parent, Family, and Community Engagement as we share a new resource called the <i>Family Services Managers Seasonal Planning Tool</i> . This tool provides an overview of key program and family engagement systems and is designed to promote effective family services management and coordination. You can leverage these useful organizing tools to help plan tasks throughout different seasons over the program year.				•	•	•
31.	ADDED 1.19.23 – ROUND #3 Rebuilding Your Education Department Rome was not built in a day, nor should your education department. This session will help your management team understand why teachers are struggling, burnt out, or just leaving. Come learn how to model expected behavior and be useful resources to your teaching staff.	•	•			•	

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4| Parent, Family and Community Engagement

5 | Program Management/Governance

KEY

1| Birth to 3: Early Care

2 | Preschool: Early Learning

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37. Issues to Consider When Offering Bonuses to Support Recruitment and Retention					•	
Recently, the Office of Head Start issued ACF-IM-HS-22-04 (Competitive Bonuses for the					•	
Head Start Workforce). This Information Memorandum (IM) encourages grantees to offer						
competitive bonuses to new hires as well as existing staff to stave off loss of staff, closure						
of classrooms, etc. Are grantees that offer incentive compensation following regulations						
such as the Head Start Act, the Internal Revenue Code and Uniform Guidance? This						
workshop will: (1) review the IM; (2) provide attendees with a refresher on the applicable						
parts of the Head Start Act, Internal Revenue Code and Uniform Guidance; and (3) share						
tips on how to structure the bonus as to avoid disallowed cost.						
38. Is It Allowable? Understanding the Cost Principles					•	
Can we charge that expense to Head Start? Attend this session to learn the answer.						
Mistakes about allowable costs can be expensive and lead to disallowances. Workshop						
attendees will learn about the cost principles and how to avoid common mistakes and						
misunderstandings about what is (and is not) allowable.						
39. Effective Internal Controls in a Post-Pandemic World					•	
Effective internal controls are essential for successful Head Start and Early Head Start						
agencies. However, changes brought by the COVID-19 pandemic require a						
reconsideration of internal controls. Agencies must review and update policies,						
procedures, and practices, to maintain effective controls. Attend this workshop to learn						
about implementing internal controls post-pandemic.						
40. Boost Your In-kind Using Continuous Quality Improvement					•	
In this session, we discuss in detail how agencies can capitalize on continuous quality						
improvement processes to analyze data and increase in-kind donations. Tips for						
determining, collecting, and documenting in-kind will be discussed. Examples of approved						
contributions will be reviewed and the valuation of in-kind will be presented.						
ADDED 1.17.23 – ROUND #2					•	
41. Senior Leadership, Center Operations: A Mixed Bag						
There are so many questions to be answered regarding Head Start operations and quality						
service delivery: How do Executive Directors and Head Start Directors stay abreast of						
their oversight responsibilities? How to ensure that Center Operation Managers feel						
seen, heard, and supported? What systemic challenges and issues need to be addressed						
with the evolving Office of Head Start systems? Join us for tools and strategies that						
promote the quality implementation and progression of operating systems, support						
growth for all management staff, and puts your program on a steady path towards						
positive data, impactful outcomes and successful alignment reviews.						

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4| Parent, Family and Community Engagement

5 | Program Management/Governance

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6| Federal – Office of Head Start

KEY

1| Birth to 3: Early Care

2 Preschool: Early Learning 3 Child Health and Development

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ADDED 1.19.23 – ROUND #3					•				
42. Is Your Data Story Focus Area Two Review Ready?									
What is a data story and how do you demonstrate it to have a successful Focus Area Two									
Review.? This session will provide an overview of the Focus Area Two review data									
collection process, types of data collected and the analysis you need to complete to									
demonstrate your programs strengths and risk.									
ADDED 1.19.23 – ROUND #3					•				
43. In God We Trust. All Others, Bring Data: Data Tours and the Focus Area 2 Process									
This interactive workshop focuses on using data to illustrate program strengths and									
progress towards goals. Data tours, an important part of the Focus Area 2 monitoring, will									
be described and examples of successful data tours will be presented along with tips and									
techniques for incorporating data analysis into program operations.						<u> </u>			
ADDED 1.19.23 – ROUND #3					•				
44. Controlling the Costs of Your Insurance and Risk Management Program									
The task and challenge of insuring nonprofit organizations is a complex one, and agents, brokers, underwriters, and carrier representatives are more limited than ever for multiple									
reasons. So, what is the sector to do? This session will examine the challenges of the sector									
surrounding the state of insurance marketplace including: (1) Where it's going and where									
it's been; (2) Where are claims originating from; (3) Proper limits and techniques to									
protect your organization; (4) Corporate structure and risk mitigation; and (5) using group									
buying power to reduce your insurance costs.									
ADDED 1.19.23 – ROUND #3						-			
45. STATE INNOVATION SPOTLIGHT: South Carolina's Early Childhood Information System					•				
Join us for an overview of the partnership between the South Carolina Head Start									
Collaboration Office, South Carolina Head Start Association and the South Carolina									
Revenue and Fiscal Affairs Office's Integrated Data Warehouse to create a cohesive early									
childhood information system for immediate and longitudinal purposes. Participants will									
leave with a greater understanding of the state partners and groundwork necessary to									
build a relationship for gathering, sharing, and safeguarding program data for short- and									
long-term benefit.									
ADDED 1.19.23 – ROUND #3									
46. Internal Controls: Developing and Implementing a Structure to Ensure Compliance with									
Standards and Regulations									
The Office of Management and Budgeting (OMB) published guidance for recipients of									
federal funds to develop internal controls over federal grants, cooperative agreements,									
and contracts. Under the terms and conditions of the awards, recipients and their									
delegate agencies are required to be compliant with laws and regulations associated with									
the awards. This workshop will provide an overview of the internal controls matrix and									
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how to align their fiscal policies and procedures with the 5 elements of internal controls.

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5 | Program Management/Governance

6| Federal – Office of Head Start

KEY

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47.	ADDED 1.19.23 – ROUND #3 Managing Multiple Funding Streams: When to Cost Allocate? According to the Uniform Guidance, Head Start and Early Head Start recipients and their delegates agencies are required annually to submit a cost allocation plan if costs are shared between multiple programs. This workshop addresses the requirements for developing and implementing a cost allocation plan. If your organization operates multiple programs, this session is designed to ensure compliance with the process for allocating costs.					•					
48.	ADDED 1.19.23 – ROUND #3 Planning for a Successful Change in Scope Request The Information Memorandum titled Enrollment Reductions and Conversion of Head Start Slots to Early Head Start Slots (ACF-IM-HS-22-09) provides guidance for grantees considering a change of scope request. In this session, we will review those requirements and discuss strategies to support the development of a compliant, compelling, and data- driven request aligned to shifting community and program needs.					•					
49.	ADDED 1.19.23 – ROUND #3 Fiscal Governance This session introduces two of the most critical Head Start systems required for success: Fiscal Management and Program Governance. Participants will explore critical elements of these systems, including federal requirements for their composition, use of financial data and reports, as well as safeguarding federal funds, property, and assets.					•					
50.	ADDED 1.19.23 – ROUND #3 Community Assessment Analysis, Efficiencies and Going Beyond Collecting Data In this session, we will explore not only methods of collecting reliable data, but how to make connections between data indicators that yield actionable conclusions. Effective data-driven decisions can only be made when the data sources and the methods of analyzing and interpreting the data are sound and comprehensive.					•					
51.	ADDED 1.19.23 – ROUND #3 Investment + Involvement = Integrity: A Common Sense Roadmap to Positive Employee Relations While the world becomes more complex, the basic needs of people remain relatively the same. Although it's been said in numerous ways over the years, positive employee relations comes down to one formula—almost like first semester Algebra before it started getting complicated: Investment+ Involvement=Integrity.					•					